LIFE House at Villa of Hope

LIVING IN FREEDOM EARLY: Intensive Substance Use Residential Program

LIFE House has provided residential chemical dependency treatment throughout New York State for over 30 years.



LIFE House

Villa of Hope 3300 Dewey Avenue Rochester, NY 14616

Intake

Jay Gullo, Director of Intake Office: 585-328-0740 ext 504 Fax: 585-663-1709 Joseph.Gullo@villaofhope.org

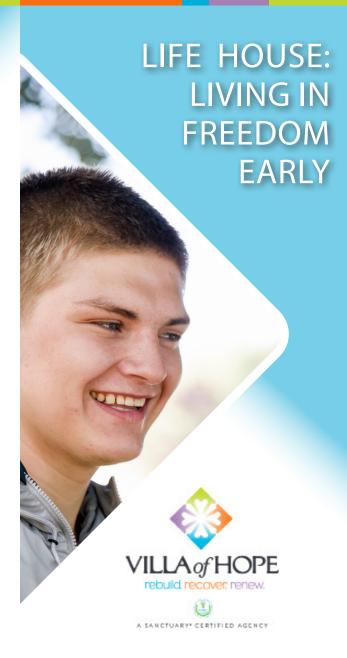


The Sanctuary Model®

The Sanctuary Model® is a holistic approach to how we operate at Villa of Hope. The Sanctuary Model® represents a theory-based, trauma-informed, evidence-supported, whole culture approach that guides our treatment philosophy.







The power to change.

What makes LIFE HOUSE unique?

The LIFE House is a 14 bed residential rehabilitation program. It is designed to support young adults of all genders, ages 13-21 address the impact substance abuse has had on their life, while also helping them reach important developmental goals. LIFE House is a New York State Office of Addiction Services and Support (OASAS) Licensed Chemical Dependency Provider.



Services/Programming Snapshot:

Primary Intervention:

- Individual Counseling 90 minutes weekly
- Vocational/Education Support
- Group Therapy
- Community Engagement/Recreational Activites
- Development of personal well-being through daily living skills
- Medication Assisted Treatment managed by program psychiatrist

Therapeutic Groups:

- Basic Life Skills/Peer Support Group
- Healthy Habits
- Sanctuary Group (Trauma-Informed Care)
- ◆ Co-occuring Group
- Relapse management
- Anger management

Evidence Based Practices Include:

Trauma Informed Care,
Trauma Focused Cognitive
Behavioral Therapy,
Strength Based Interventions
(Developmental Assets Profile),
Family Therapy, 7 Challenges
treatment model to facilitate a harm
reduction and person-centered approach,
Functional Behavioral Approach.



The Referral Process

- Referral form with general client information is sent to program via fax or e-mail. Referrals can be completed by service providers or family members
- Client is interviewed and given further information about the program
- Clinical determination to admit
- Admission date is scheduled

FOR MORE INFORMATION OR QUESTIONS:

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