

LIFE House at Villa of Hope

LIVING IN FREEDOM EARLY:
Intensive Substance Use Residential Program

LIFE House has provided residential chemical dependency treatment throughout New York State for over 30 years.

For more information or to
make a referral, contact:

LIFE House
Villa of Hope
3300 Dewey Avenue
Rochester, NY 14616

Intake
Amy Burmeister
Office: 585-865-1555 ext 262
Cell: 585-705-4051
Fax: 585-663-1709
amy.burmeister@villaofhope.org



The Sanctuary Model®

The Sanctuary Model® is a holistic approach to how we operate at Villa of Hope. The Sanctuary Model® represents a theory-based, trauma-informed, evidence-supported, whole culture approach that guides our treatment philosophy.



WWW.VILLOFHOPE.ORG

LIFE HOUSE: LIVING IN FREEDOM EARLY



The power to change.

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What makes LIFE HOUSE unique?

The LIFE House is a 14 bed residential rehabilitation program. It is designed to support young adults of all genders, ages 13-21 address the impact substance abuse has had on their life, while also helping them reach important developmental goals. LIFE House is a New York State Office of Addiction Services and Support (OASAS) Licensed Chemical Dependency Provider.



Services/Programming Snapshot:

Primary Intervention:

- ◆ Individual Counseling– 90 minutes weekly
- ◆ Vocational/Education Support
- ◆ Group Therapy
- ◆ Community Engagement/Recreational Activities
- ◆ Development of personal well-being through daily living skills
- ◆ Medication Assisted Treatment - managed by program psychiatrist

Therapeutic Groups:

- ◆ Basic Life Skills/Peer Support Group
- ◆ Healthy Habits
- ◆ Sanctuary Group (Trauma-Informed Care)
- ◆ Co-occurring Group
- ◆ Relapse management
- ◆ Anger management

Evidence Based Practices Include:

Trauma Informed Care, Trauma Focused Cognitive Behavioral Therapy, Strength Based Interventions (Developmental Assets Profile), Family Therapy, 7 Challenges treatment model to facilitate a harm reduction and person-centered approach, Functional Behavioral Approach.



The Referral Process

- ◆ Referral form with general client information is sent to program via fax or e-mail. Referrals can be completed by service providers or family members
- ◆ Client is interviewed and given further information about the program
- ◆ Clinical determination to admit
- ◆ Admission date is scheduled



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OR QUESTIONS:

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Coordinator
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